

# Fostering a Healthy Home - Workplace - Community

*Connecting with family, friends and co-workers*

## Event Information

**Date:** Wednesday, March 24

**Time:** 6:00-8:30pm,  
includes refreshments

**Place:** First Presbyterian Church,  
700 N. Sheridan, Lake Forest, IL

[Directions](#)

**Cost:** Fully underwritten by The Charmm'd Foundation, a non-sectarian organization



## Program Speaker

### Nathan Eklund

Author, national speaker and Senior Education Consultant with The Search Institute; [www.search-institute.org](http://www.search-institute.org). The Search Institute's mission is to provide leadership, knowledge and resources to promote healthy children, youth, organizations and communities. Mr. Eklund works with schools, organizations and communities nationwide to implement asset-based approaches to promote healthy workplaces and communities.

## Need More Information?

Charmm'd Foundation Contacts:

Ashley Ward

[ashley@tbgfoundations.org](mailto:ashley@tbgfoundations.org)

Gene Salvadalena

[gene@tbgfoundations.org](mailto:gene@tbgfoundations.org)

## Sponsors:

## How can a positive environment impact and improve your family, school, work, morale, health and life?

- Parents nurturing a happy and healthy home life
- School staff developing a motivated classroom and a positive school community
- Business owners and employees improving workplace morale and customer service
- Community members cultivating strong relationships

## Learn how to...

- Assess your strengths
- Embrace change
- Enhance connections in your life
- Recognize and appreciate the power of your relationships
- Become more positive, motivated and influence others to do the same!

*This workshop is for all members of the Lake Forest, Lake Bluff and Knollwood community.*

## Program Format:

### 6:00-7:00pm

Join us to network, socialize, meet the presenter over refreshments

### 7:00-8:30pm

Workshop themes of collaboration, self-reflection, and positive approaches to change will be showcased. Small and large group activities will provide participants the opportunity to meet and work with other community members.

*Space is limited so please contact us to reserve your spot as soon as possible!*

Charmm'd Foundation  
[www.charmmdfoundation.org](http://www.charmmdfoundation.org)  
Lake Forest School District 67  
[www.lf67.org](http://www.lf67.org)  
Lake Forest School District 115  
[www.lfhs.org](http://www.lfhs.org)  
Lake Bluff School District 65  
[www.lb65.org](http://www.lb65.org)  
CROYA [www.croya.com](http://www.croya.com)  
LEAD [www.leadweb.org](http://www.leadweb.org)  
First Presbyterian Church of Lake  
Forest  
[www.firstchurchlf.org](http://www.firstchurchlf.org)  
Gorton Community Center  
[www.gortoncenter.org](http://www.gortoncenter.org)

**To Register:**

Send an email to [charmmd@charmmdfoundation.org](mailto:charmmd@charmmdfoundation.org) with your contact information to sign up for this free special event. Write “Evening with Nate” in the subject line.

**– Register Today! –**

**[Click here for a printable PDF invitation!](#)**